

**WATER OF LIFE**  
**FASTING AND PRAYER**  
**Sunday, January 6 – Sunday, January 27**

I believe this is the Year of the Salt People! We are the salt and the light. We will begin this year fasting so our salt will be stronger and our light brighter.

The fast will begin after dinner on Sunday, January 6, 2019, and conclude after service Sunday, January 27, 2019. We will be abstaining from all meats, sweets and breads during this fast. Please pray for each prayer focus below every day of the fast.

### **Our Fervor and Commitment**

- That we are the salt and the light.
- We are committed and faithful servants.

#### **Matthew 5:13-16**

“You are the salt of the earth; but if the salt loses its flavor, how shall it be seasoned?...  
“You are the light of the world. A city that is set on a hill cannot be hidden...”

### **Our Children**

- They are healthy and strong.
- They serve the Lord with all their heart.
- They walk in wisdom and understanding.

#### **Psalms 127:3**

Behold, children are a heritage from the Lord, The fruit of the womb is a reward.

### **Our Community and Our Nation**

- God’s blessing will rest on our community.
- God heal the huge divide in our nation.

#### **I Chronicles 7:14**

If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

\*\*\*If you have a medical condition, please consult your physician before participating in the fast.